

Cummings... continued from Page 4A

in front of the courthouse under some shade trees. They talked and talked and enjoyed the afternoon. Mother said, "The ladies looked grand. They had sewn their own dresses which were as pretty as store bought dresses. Each lady was wearing a beautiful, brightly colored hat with an encircling ribbon which was hand tatted."

Dad Baker finally grew weary of the day and stood up, which was a signal to Mommy that it was time to go. As he stood, Minnie looked up and asked for a ride back toward Ray Mountain. Dad told her that would be fine except all they had was a log truck and the ladies would have to ride in the back. Minnie and her two daughters agreed. They walked

to the truck and mother and her grandparents started to get in when Minnie asked, "Charlie, I believe I can get into the truck, but, I would be much obliged if you'd help my two daughters. They have been feeling poorly lately and probably can't climb up into the bed of that truck." Dad never cracked a smile and asked "Who is going to help me?" Mother said, "I can remember laughing hysterically until Mommy Baker placed her gentle hand on my shoulder." Mom thought she was in trouble until the old truck started and began driving down the road. Mom said, "Dad Baker looked at Mommy and both of them began to laugh, and they laughed so hard they began to cry."

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serious, even life-threatening conditions. Children can become so preoccupied with food and weight that they focus on little else.

Mood disorders such as depression and bipolar disorder can cause a child to feel persistent feelings of sadness or extreme mood swings much more severe than the normal mood swings common in many people.

Schizophrenia is a chronic mental illness causes a child to lose touch with reality. Schizophrenia most often appears in the late teens through the 20s.

Warning signs that your child might have a mental health condition include:

Mood changes or mood swings that include feelings of sadness or withdrawal that last at least two weeks or severe mood swings that cause problems in relationships at home or school.

Intense feelings of worry or fear that disrupt daily activities can also be a warning sign. Symptoms like fast breathing or a racing heart are common reactions to look for.

Drastic changes in behavior or personality is a warning sign. If your child has an unhealthy obsession with hurting others or dangerous out of control behaviors like frequent physical fights with other children or adults, this can be a warning sign.

Difficulty concentrating, trouble focusing or sitting still can be a warning sign. This could lead to poor performance in school but will also impact your child's ability to start and complete simple task at home.

Unexplained weight loss, frequent vomiting or use of laxatives might indicate an eating disorder.

Sometimes a mental

health condition leads to self-injury, also called self-harm. This is the act of deliberately harming your own body, such as cutting or burning yourself. Children with a mental health condition also might develop suicidal thoughts or attempt suicide. Some kids use drugs or alcohol to try to cope with their feelings.

If you're concerned about your child's mental health, consult your child's doctor. Describe the behavior that concerns you. Consider talking to your child's teacher, close friends or loved ones, or other caregivers to see if they've noticed any changes in your child's behavior. Share this information with your child's doctor, too.

Diagnosing mental illness in children can be difficult because young children often have trouble expressing their feelings, and normal development varies from child to child. Despite these challenges, a proper diagnosis is an essential part of guiding treatment.

Common treatment options for children who have mental health conditions include: Psychotherapy, also known as talk therapy or behavior therapy. This is a way to address mental health concerns by talking with a psychologist or other mental health provider. Psychotherapy can help a child learn how to respond to challenging situations with healthy coping skills. Your child's doctor or mental health provider might recommend that your child take certain medications to treat the mental health condition. Some children benefit from a combination of approaches. Consult your child's doctor or mental health provider to determine what might work best for your child, including the risks or benefits of specific medications.

Riley... continued from Page 4A

2015, the California Legislature passed a bill that allowed firefighters to destroy drones that impeded their efforts to battle fires and imposed and created penalties for drone operators who interfered with firefighters.

That same year, the state launched a public service campaign with a television commercial titled "If you fly, we can't," in which Cal Fire pilots talk about the danger of sharing the skies with hobby drones. Officials have expressed frustration at not being able to catch more of those who operate the drones, speculating some are hobbyists who want to post dramatic videos on social media or sell them to TV stations.

The huge 2015 Lake fire in the San Bernardino Mountains grew after a drone interrupted plans to deploy an air tanker water drop. Beyond wildfires, drones have been known to interfere with airport traffic. In January, London's Heathrow Airport had to halt departing flights after a drone sighting. The incident occurred just three weeks after multiple drone sightings ignited chaos at the nearby Gatwick Airport. Drones have proved useful in combating fires, but only when in the right hands.

In 2017, the Los Angeles Fire Department used the unmanned aircraft for the first time while combating the Skirball fire in Bel-Air. They

provide real-time situational awareness from a bird's-eye perspective to the incident commander so they can see what's going on at their emergency and then change their tactics accordingly to mitigate the hazards. But the Federal Aviation Administration prohibits recreational drone users from flying near emergencies and any type of accident response, law enforcement activities, firefighting or hurricane recovery efforts.

In Ventura County water dropping aircraft pounded the Maria fire as anxious residents fled their homes. As the gusts began to pick up, dozens of fire vehicles staged around homes along the rolling hillsides of West La Loma Avenue prepared to protect the properties from possible flare-ups. Agricultural employees wearing masks worked nearby in citrus groves to get ahead of the approaching fires.

Wildfires not only destroy homes and towns, but many times will blow through farms and ranches destroying everything in the path as it moves toward communities to wreak more havoc.

Drones are an upcoming wonderful tool, but when they interfere with emergency incidents drones can cause more harm than the good, they can do. Drones have great potential for the future, but one small drone in the wrong hands and in the wrong place can create situations that can lead to tremendous damage to aircraft, homes, and even lives. Remember, if you fly, they can't, so be careful where you fly your drone.

Paris...

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and continues until full pool by the middle of May and remains at that general level until August or September, if there is adequate rainfall. This data is all shown on the TVA Operating Guide for Lake Nottely. This guide shows the range that TVA attempts to keep the lake levels between. In red, it shows the actual levels of the lake this year.

Williams...

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drying out if you keep it well watered. There should always be water in the tree stand. Keep the water level above the cut on the tree so that the cut won't dry out and your tree is continually taking up water.

A couple of ideas for disposing of your Christmas tree after Christmas are chipping or a fish pond. Putting the tree in a fish pond whole creates a good fish habitat.

We have great locations to purchase a live Christmas tree around here, and this is the time of year to shop local, so I encourage you to check them out! If you have any questions about Christmas trees contact your local Extension Office or send me an email at Jacob.Williams@uga.edu. Merry Christmas and happy tree shopping!

Chamber...

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Community Center December 1 - 31. With over 40 beautifully decorated trees and wreaths, this walk-through will be sure to fill you with Christmas spirit and holiday inspiration. Be sure to vote for your favorite!

Santa is coming to the community center on December 7 for our Holly Jolly Christmas event which will begin at 9 a.m. and wrap up at 11 a.m. Get your picture taken with Santa, and enjoy games, the mayor's Christmas Train, the Gingerbread Village, music and refreshments. There will be plenty of fun for the whole family. This event is sponsored by United Community Bank.

There are many other holiday events lined up throughout the month of December. Visit our website, visitblairsvillega.com, to view our complete calendar of events for more opportunities to celebrate the season.

I want to thank the Department of Labor's Southern Highland Employer Committee for participating in and sponsoring the previous Monthly Mingle as well as Amy McCombs with Union County High Schools. Amy discussed the great strides our local students are making through the GA BEST program, while the Southern Highland Employer Committee presented a great panel of individuals who sparked some meaningful conversation about various workforce challenges. We are thrilled to be able to provide the community with a platform to present and discuss issues that are important to all of us in Blairsville. The next mingle will take place in January.

We want to wish everyone a safe and happy Thanksgiving!

Storytime with Santa at the Union County Public Library

Santa Claus will be returning to Union County Public Library on Monday, December 9, 2019 at 11 AM for a very special storytime. He will be doing a 30 minute program followed by photo opportunities after the program. Friends of Union County Library will be handing out Christmas books to each family that attends this very special storytime. For more information please call the library at 706-745-7491.



UNION COUNTY COMMUNITY CALENDAR

Children's Story Time	Every Monday:	Union County Library	11 a.m.
Civil Air Patrol		Blairsville Airport	6 p.m.
Boy Scouts #101		United Methodist Ch	7 p.m.
Tri State Bus. Women	Every Tuesday:	Cabin Coffee	8 a.m.
Tuesday Strippers		Mtn. Presbyterian Ch	9:30-2:30 p.m.
Smoky Mtn. Melodies		United Methodist Ch	6:30 p.m.
Hi Country Harmonizers		Branan Lodge	6:30 p.m.
Kiwanis Club	Every Wednesday:	Skillet Cafe	Noon
BINGO		Civic Center	7 p.m.
Masonic Luncheon	Every Thursday:	Cook's Restaurant	11:30 a.m.
Rotary Club		NGTC	Noon
Lockheed-Martin Ret.	First Monday of each month:	Blairsville Restaurant	9 a.m.
Volunteers/Handicap		First Baptist, H Bldg.	6 p.m.
CERT		St. Francis of Assisi	6:30 p.m.
Allegheny Masonic Lodge #114		Masonic Lodge	6:30 p.m.
Brownie Scouts	First Tuesday of each month:	United Methodist Ch	3-5 p.m.
Blairsville City Coun.		City Hall	6 p.m.
Amateur Radio Club		United Methodist Ch	7 p.m.
Gaddistown Hmakers		Woody Gap	7 p.m.
Knights/Colum. #2563		place TBA	7:30 p.m.
Enotah Ch. #24 RA.m.		Masonic Temple	7:30 p.m.
Exercise class	First Wednesday of each month:	Senior Citizens Center	10:30 a.m.
Better Breathers		UGH Classroom 2nd Fl.	1 p.m.
Quilts of Valor	First Thursday of each month:	Coosa Methodist Ch	9:30am-2:30pm.
MMQG		Mtn. Presbyterian Ch	10 a.m.-3 p.m.
Awake America		City Hall	11:59 a.m.
NAMI Fam. Support		New Hope Counseling	12-1:30 p.m.
Blairsville Sorghum Fest.		Fort Sorghum	6:30 p.m.
Open Road ORV		Civic Center	8 p.m.
"Nailed" Book Club	First Friday of each month:	Ingles Cafe	10:30 a.m.
UG Hospital Aux		UC Nursing Home	Noon
Feel Good Friday		Wellness Center	7 p.m.
Amateur Radio Exams	First Saturday of each month:	UC Comm Cntr	9 a.m.